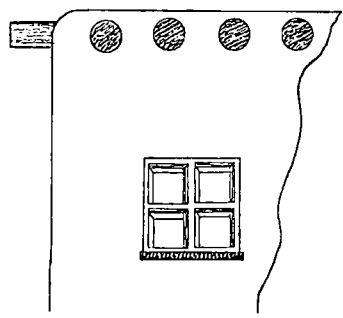


NATIONAL INDIAN COUNCIL ON AGING, INC.

# ELDER VOICES

ALBUQUERQUE, NEW MEXICO

SUMMER 1986



## EXECUTIVE DIRECTOR'S CORNER

Ten years of conferences, resolutions and advocacy . . . ten years of sharing together in the effort to improve the lives of our elders; and yet, so persistently, we find them to be lagging far behind others in their ability to share in "the good life," the life which would enable them to live happily and in good health, secure in their own homes. Yes, we have made some advances in obtaining programs designed for their benefit, and we should all be thankful for that. But we dare not rest on our laurels and accept the status quo; because the status quo for Indian and Alaskan Native elderly is not good.

In the next "decade of sharing," I sincerely hope and pray that we shall be able to make significant advances in bringing about improved comprehensive services for our elders. This will only be possible if we develop new levels of cooperation and a stronger system of networking between tribes, organizations and agencies.

It is absolutely essential that, in the next decade, we work faithfully together in "a spirit of oneness." To quote an old Zuni expression:

*"In this way, we shall all dwell together pleasantly."*

## NICOA BOARD CHAIRMAN ELECTED NORTH CAROLINA COMMANDER

On June 12-15, 1986, three-hundred and thirty-five (335) Posts from throughout the State of North Carolina convened at the North Raleigh Hilton to receive commission and committee reports and to elect delegates to the national convention. One of the highlights of the convention was the election of Sherman Lillard to Commander, Department of North Carolina, American Legion District 25. Mr. Lillard served in other capacities; Post Commander, District Commander and Division Commander before becoming Commander of North Carolina. Mr. Lillard is also a member of Disabled American Veterans (DAV) Chapter 70, Veterans of Foreign Wars (VFW) Post 8013, Cherokee Lions Club, the Native American Rights Fund (NARF), and the Governor's Advisory Council on Aging for North Carolina.

We extend congratulations to NICOA Board Chairman, Sherman Lillard.



## Dr. Arthur S. Flemming To Address Conference on Aging

Arthur S. Flemming, Chairman of the Citizens Commission on Civil Rights, will be the keynote speaker for the Sixth National Indian Conference on Aging. Dr. Flemming delivered the keynote address at the first conference 10 years ago. At that time he was the U.S. Commissioner on Aging. Currently, he serves as Chairman of the National Citizens' Board of Inquiry Into Health in America; as co-Chair of SOS (Save Our Security) Coalition; and is Chairman of the National Council on Aging (NCOA) Advocates.

Dr. Flemming has long been known for his outstanding advocacy efforts and leadership on aging issues. We are especially privileged to have Dr. Flemming with us to deliver the keynote address.

## NOMINATIONS OPEN FOR NICOA BOARD POSITIONS

The time to elect the representative of your choice to serve on the NICOA Board of Directors is September 11, 1986, immediately following the Sixth National Indian Conference on Aging. This day has been designated for the voting in of twelve (12) members of the Board who will serve a two-year term on the Council, and occupy one of the twelve (12) BIA specified area positions.

To vote for a representative from your area, you must be an enrolled member of a state or federally-recognized tribe, 55 years of age or older, and a dues-paying member of the National Indian Council on Aging.

NICOA encourages nominations of Indian people who are dedicated to and knowledgeable about the concerns of Indian elderly and are willing to devote considerable effort to their Council duties. Caucuses may be held prior to or during the Conference for the purpose of nominating candidates from the twelve (12) different areas. To inquire about Voting Membership to the Council, please contact Renee Paisano at (505) 242-9505.

## A MESSAGE FOR OLDER ADULTS

Hot weather in the range of 100 plus is expected in Phoenix during the 6th National Indian Conference on Aging.

"Your body will need time to adjust to the hot weather," warns Ralph Zotigh, Conference Coordinator. "A sudden increase in temperature is particularly dangerous if you already suffer other health conditions such as a weak heart, hypertension, problems with circulation, diabetes or previous stroke."

Some early warning signs of heat illness are:

- Dizziness
- Nausea
- Diarrhea
- Dry Skin (No sweating)
- Unusual Weakness
- Breathing Problems
- Chest Pains
- Vomiting
- Mental Changes
- Throbbing Headache
- Rapid Heartbeat
- Cramps

Spend as much time as you can in cooler surroundings, such as in the Phoenix Hilton. We plan to have a Nurses Station set up during the conference. You will be informed as to its location at the time you pick up your conference packet.



### NATIONAL INDIAN COUNCIL ON AGING, INC.

P.O. BOX 2088  
ALBUQUERQUE, N.M. 87103  
(505) 242-9505

SHERMAN LILLARD, CHAIRMAN  
CURTIS D. COOK — Executive Director

To be added to the mailing list, please contact NICOA at the office listed above.

This project is supported by a grant, NO. 90-A1-1025/01, from the Administration on Aging, OHDS-DHHS.

# 6th NATIONAL INDIAN CONFERENCE ON AGING

Phoenix Hilton Hotel — Phoenix, Arizona

September 9-10, 1986

## AGENDA

DATE/TIME	EVENT	PLACE	RESOURCE/PERSON
<b>MONDAY, September 8, 1986</b>			
8:00a - 5:00p	Board/Council Meeting		NICOA Staff
12:00p - 8:00p	REGISTRATION	Desk — 2nd Level	
<b>TUESDAY, September 9, 1986</b>			
7:00a - 8:30a	Prayer Breakfast		Walter Moffett
8:00a - 12:00p	REGISTRATION	Registration Desk — 2nd Level	
9:30a - 10:30a	Opening Session Call to Order Invocation Welcome	Main Ballroom	Chairman Lillard Alfred Elgin Arizona Governor's Office
10:30a - 12:00p	Greeting from NICOA and Overview	Main Ballroom	Curtis D. Cook Executive Director
	KEYNOTE ADDRESS		Arthur Flemming
NOON - 1:30p	Lunch		
1:30p - 3:15p	WORKSHOP — SESSION A	Room	Presentors
	Reauthorization of the Older Americans Act	Navajo A & B	Larry Curley w/guest panel
	Indian Community Health	Apache A	Robert Frank w/guest panel
	Linking With National Organizations	Apache B	Ray Mastalish w/guest panel
3:30p - 4:30p	WORKSHOPS — SESSION B	Room	Presentors
	Reauthorization of the Older Americans Act	Navajo A & B	Larry Curley w/guest panel
	Title VI Concerns	Navajo D	Betty White w/guest panel
	Future of Federal Funding — Alternative Resources	Maricopa	
	Indian Community Health	Apache A	Robert Frank w/guest panel
	Indian Cultures: Yesterday, Today and Tomorrow	Navajo C	Jose Rey Toledo John RedHorse William Willard

DATE/TIME	EVENT	PLACE	RESOURCE/PERSON
<b>WEDNESDAY, September 10, 1986</b>			
8:15a - 9:30a	WORKSHOPS — SESSION C	Room	Presentors
	National Policy	Navajo A & B	Curtis D. Cook w/guest panel
	Indian Community Health	Apache A	Robert Frank w/guest panel
	Linking With National Organizations	Apache B	Ray Mastalish w/guest panel
	Indian Cultures: Yesterday, Today and Tomorrow	Navajo C	Jose Rey Toledo John RedHorse William Willard
9:45a - 11:30a	WORKSHOP — SESSION D	Room	Presentors
	National Policy	Navajo A & B	Curtis D. Cook w/guest panel
	Title VI Concerns	Navajo D	Betty White w/guest panel
	Future of Federal Funding	Maricopa	guest panel
	Minority Initiatives (AARP)	Apache B	Lourdes Olivas Mona Negm
NOON - 1:30p	Luncheon		Special Speaker
1:30p - 5:00p	Plenary Session	Main Ballroom	Sherman Lillard
7:00p - 11:30p	POW-WOW	Main Ballroom	Central Plains Indian Club
<b>THURSDAY, September 11, 1986</b>			
8:30a - 11:30a	NICOA Board Elections		
11:30a - 1:00p	Lunch		
1:00p - 5:00p	NICOA Board Orientation & Seminar		NICOA Staff and Board

# WORKSHOP PANELISTS

## REAUTHORIZATION OF THE OLDER AMERICANS ACT

Tony Correa, AoA, San Francisco, CA  
Kathryn N. Dusenberry, FCoA, Wash., D.C.  
Rebecca Bustamante, Sen. Bingaman's Office  
Walter Moffett, NICOA

Panel members will have opportunities to discuss this Act which comes up for reauthorization in 1987. Recommendations coming out of the workshop will be included as part of the conference's official position statement and presented to the appropriate sources for action.

## NATIONAL POLICY

Faith Roessel, Sen. Bingaman's Office  
Ken White, ASU, Tempe, AZ  
David Ramirez, AICOA, Phoenix, AZ  
Craig Thomas, AICOA, Phoenix, AZ  
John Diaz, AoA, Dallas, TX  
Kenneth H. Cody, Sr., NICOA Board  
Victor Haldane, NICOA Board

These panelists will seek to outline strategies for instituting policies in the service delivery system which will impact favorably on Indian and Alaskan Native elders.

## TITLE VI CONCERNS

Georgette Brown, Title VI, OK  
Sandra Gjelde, NACI, Washington, D.C.  
Iyonne Garreau, Title VI, SD  
Susan White, ACKCO, Phoenix, AZ  
John Diaz, AoA, Dallas, TX  
Tammy Sixkiller, NICOA Board  
Marie Rogers, NICOA Board

The panelists in this workshop will discuss special concerns and interests to improve the quality and increase the quantity of services provided to Indian and Alaskan Native Elderly under Title III and VI of the Older Americans Act.

## FUTURE OF FEDERAL FUNDING/ ALTERNATIVE RESOURCES

Gary Kodaseet, AoA, Dallas, TX  
Milton Compton, TSI, Inc., NM  
Carmen Cornelius Taylor, NISBA, NM  
John Carlile, NICOA Board

Knowledgeable persons in federal budgetary matters and others who are experienced in developing alternative resources will serve as panel members who will lead discussions related to the financial future of the tribes and Indian aging programs.

## LINKING WITH NATIONAL ORGANIZATIONS

Lourdes Olivas, AARP, TX  
Jayne Walker, AARP Area IX, AZ  
Jake Whitecrow, NIHB, Denver, CO  
Glenn Plunkett, AFB, Washington, D.C.  
Susan Shown Harjo, NCAI, Washington, D.C.  
Emily Peake, NICOA Board  
George Effman, NICOA Board

The overall purpose of this workshop will be to develop strategies whereby national organizations and service providers may better coordinate their efforts on behalf of the Indian elderly, and to seek ways to improve communication within the Indian aging network.

## INDIAN COMMUNITY HEALTH

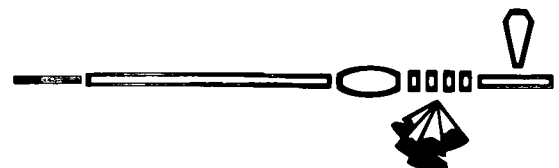
Nicki Solomon, Dir. CHR, Wash., D.C.  
Art Thomas, IHS, Rockville, MD  
Prof. Jo Hill, NMSU, Las Cruces, NM  
Rosella Mosely, Portland State Univ.  
Lorena Dixon, NICOA Board  
Cecelia Blanchard, NICOA Board

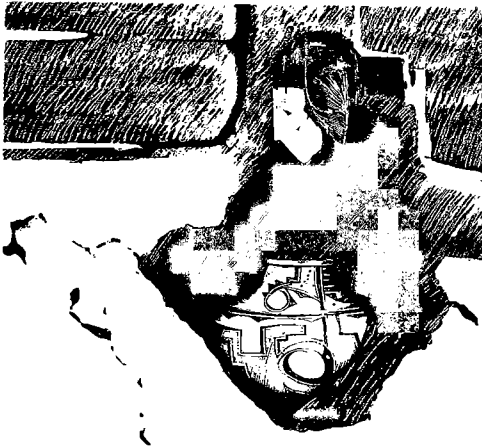
The matter of the health of Indian elders is a highly complex problem due to the many circumstances which mitigate against their health, and which make provision of adequate health care for them an extremely difficult task. Recommendations and resolutions to improve health care for older Indians will be the expected outcome of this workshop.

## INDIAN CULTURES: YESTERDAY, TODAY AND TOMORROW

Jose Rey Toledo, Jemez Pueblo, NM  
John Red Horse, ASU, Tempe, AZ  
William Willard, WSU, Pullman, WA  
Madeline Colliflower, NICOA Board

This workshop will present a relatively new approach toward cultivating improved cultural conditions that influence the lives of Indians, young and old alike. Each panel member will give a 10-15 minute prospectus from a different aspect of Indian culture followed by questions from the audience resulting in recommendations which will be included as part of the conference's official position statement on the trends and concerns in this area.





**"BUY NATIVE AMERICAN"  
CATALOGUE**

The National Indian Council on Aging is happy to announce the availability of its "Buy Native American" Catalogue; the result of a collaborative effort between NICOA and Phoenix Systems — a private marketing firm out of South Dakota. The catalogue features twenty (20) Indian artists from various tribal backgrounds; brought together to promote their authentic handmade work and the needs of the Indian elderly.

Since its distribution in mid-May, responses to the catalogue have been numerous and encouraging. The enthusiasm with which it has been received by the public is just another step forward in creating a more self-sufficient environment for Indian people across the nation.

To receive your copy of the catalogue, or to inquire about the "Buy Native American" Project, contact Jeannie Miller, BNA Coordinator at (505) 242-8700.

REGISTRATION FOR THE

**6TH NATIONAL INDIAN CONFERENCE ON AGING**

September 9-10, 1986  
PHOENIX HILTON HOTEL  
Phoenix, Arizona

**FEES:** Indian Elders age <sup>55</sup> and over \$10.00; All others \$25.00

**PLEASE NOTE:** (1) We must have a specific name for each registration fee paid; (2) NICOA membership fee for Indian elders, normally \$25.00 a year, is being offered at a special conference rate of \$10.00. Associate Members \$40.00, and Organizational Associate member \$100.00. Please indicate in appropriate box and include with registration fee.

NAME: (Please print) \_\_\_\_\_

ADDRESS: \_\_\_\_\_

TELEPHONE: (\_\_\_\_\_) \_\_\_\_\_ AGE: \_\_\_\_\_ TRIBE: \_\_\_\_\_

- REGISTRATION FEE \$10.00      Make check or money order payable to:
- \$10.00 MEMBERSHIP FEE      **National Indian Council on Aging**
- \$40.00 ASSOCIATE MEMBERSHIP FEE
- \$100.00 ORGANIZATIONAL MEMBERSHIP      Amount Enclosed \$ \_\_\_\_\_

**SPECIAL EVENTS:** If you would like to participate in any special events at the conference, please check the box(es) below. We will send you all the details upon hearing from you.

- Pow-Wow (Dance group, singers, dancers)       Traditional Fashion Show (Men/Women)
- Performing Groups (Description) \_\_\_\_\_
- Contact Person \_\_\_\_\_ (\_\_\_\_\_) \_\_\_\_\_

**EXHIBITORS:** You are invited to bring, display, and sell your arts and crafts. Please contact us for further details, if you are interested in being an exhibitor.



National Indian Council on Aging, Inc.  
P.O. Box 2088  
Albuquerque, New Mexico 87103  
ADDRESS CORRECTION REQUESTED

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