Resources

Native Wealth So Much More Than Money – Sherry Salway Black

- National Congress of American Indians document
  “Tribal Nations and the United States: An Introduction”
  - https://www.ncai.org/about-tribes
- Illuminative – www.illuminative.org
- Indigenous Futures Project
- Indigenous Futures Survey Report
  - “From Protests, to the Ballot Box and Beyond: Building Indigenous Power”
  - http://indigenousfutures.illuminatives.org/
- First Peoples Fund – www.firstpeoplesfund.org
- First Nations Development Institute – www.firstnations.org
- National American Indian Housing Council – www.naihc.net
- Native CDFI Network – www.nativecdfi.net
- Johnson Scholarship Foundation – www.jsf.bz
- Prosperity Now – www.prosperitynow.org
  - The Prosperity Now Scorecard – www.scorecard.prosperitynow.org

Healthy Ways to Manage Stress – Sue Chapman

If you need help, who can you call?

- Disaster Distress Helpline (SAMHSA)
  Call 1-800-985-5990 or text TalkWithUs to 66746
- National Suicide Prevention Lifeline (Link)
  Call 800-273-8255 or Chat with Lifeline
- Physician Support Line (Link)
  Call 1-888-409-0141
- Crisis Textline (Link)
  Text TALK to 741741
- Veterans Crisis Line (VA)
  Call 800-273-8255 or text 838255

Let’s Exercise Together and Have Fun! – Sixtus Dominguez

- Indigenous Child: I have the right to be an Indigenous child
  - https://www.amazon.com/Indigenous-Child-have-right-child/dp/1986844838
  - Book written by the presenter