

2021 Conference Agenda

The conference will **begin at 8:00 AM on Monday, August 2** and we will **conclude on Friday, August 6, 2021**. Please make your reservations accordingly.

Daily Activities - Monday thru Friday - Health Fair / Exhibitors / Daily Give-A-ways

Sunday, August 1, 2021

10:00 AM 7:00 PM Registration / Vendor Set-up
5:00 PM Welcome Reception

Monday, August 2

8:00 AM 5:00 PM **Registration open all week**
8:00 AM 9:45 AM **Memorial Breakfast- Drum Group / Eagle Dancers**
10:00 AM 11:00 PM Workshops (*tentative list on back*)
11:00 AM 12:00 PM **Symposium 1-Role of Tribal Leaders in Reaffirming the Value of Elders In Preserving Tribal Cultures**
12:00 PM 1:00 PM Lunch on own
1:00 PM 2:00 PM **Symposium 2-Becoming an Elder: Tribal Perspective on Aging in Indian Country**
2:30 PM 3:45 PM Workshops (*tentative list on back*)
4:00 PM 5:00 PM Focus Groups / Special Meetings
5:30 PM Dinner (on your own) or Evening Event TBD

Tuesday, Aug

8:00 AM 9:45 AM **Symposium 3- Native American Veterans: Issues and Concerns as They Age**
10:00 AM 12:00 PM Workshops All attendees (*tentative list on back*)
12:15 PM 2:00 PM Warrior's Honoring Lunch- TBD
2:30 PM 3:45 PM **Symposium 4- Future Elders: Perspectives on Aging from the Youth**
4:00 PM 5:00 PM Focus Groups / Special Meetings
5:30 PM Dinner (on your own) or Pyramid Lake Museum Tour

Wednesday, August 4

8:30 AM 9:45 AM **Symposium 5- Brain Health**
10:00 AM 12:00 PM **NICOA Voting membership Regional Caucus Sessions**
10:00 AM 12:00 PM Concurrent Workshops – Open to all attendees (*tentative list on back*)
12:00 PM 1:00 PM Lunch – on your own
1:00 PM 2:15 PM **Symposium 6- Education**
2:30 PM 3:30 PM Concurrent Workshops – Open to all attendees (*tentative list on back*)
4:00 PM 5:00 PM Focus Groups / Special Meetings
5:30 PM Dinner (on your own) or Nugget Bingo Event

Thursday, August 5

8:00 AM 12:00 PM NICOA Voting Session – Voting Members Only
8:00 AM 12:00 PM Workshops- nonmembers; associate members; etc.
12:00 PM 1:00 PM Lunch on your own
1:00 PM 2:00 PM **Symposium 7- The Aging Network: Challenges & Opportunities in the Next Decade**
2:00 PM 3:45 PM Workshops – all attendees – Other Activities (*tentative list on back*)
4:00 PM 5:00 PM Focus Groups / Special Meetings
6:00 PM Cultural Dinner – Fashion Show, other events

Friday, August 6

Tentative 2021 Conference Workshops

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Activate Your Elders & Diabetes Programs with Pole Walking

Wisdom Warriors-Indigenous and Evidence Based Healing

An Inclusive & Individualized Response for Victims of Crime with Disabilities - The adult Advocacy Center Model

Adult Protective Services and Indian Country

Title VI Infographic and Evaluation Tool - Supporting the Title VI Programs in Sharing Your Story

Your Money, Your Goals: New Financial Empowerment Tools

Grandparents as Parents: The Unique and Strengths of Grandfamilies

A Tribal Injury Prevention Program in the U.S.: A Regional Injury Gap Analysis - Moving from a Regional Scale to a National Scale

Research and Dissemination of Alzheimer's Disease Information by 5 Native Centers

Partnering With Communities for Help Everyone Age in a Good Way

Tribal Estate Planning Programs

Best Friends Approach (professional track)

Yoga, stretching, tips for safe exercise

University of ND Caregiver Training (1 day)

American Indian Voice in Alzheimer's and Caregiving Policy

Fraud Watch – Virtual Session, AARP

Savvy Caregiver 3-day training (travel scholarship's available by IA2)

Ambiguous Loss: Living with Uncertainty (caregiver track)

Brain Health (general Public track)

Elder Abuse Multi-Disciplinary Task Force & Elder Adult Protection Services

Healthy Active Natives: Fit and Fall Proof

Cannabis and CBD Care

Dementia Friends (Info Session)

Dementia Friends (Certification Session)

Caring for Those Who Care: Meeting the Needs of American Indian and Alaska Native Caregivers

Findings from the 2020 COVID-19 Tribal Needs Assessment

Listening Session on Understanding Disabilities in AI/AN Communities Toolkit Update: New Knowledge, Ideas and Practice

Introduction to Facebook

Taxes What Elders Need to Know

Building Relationships in Indian Country

Active Aging

Medicare Basics: Protect Yourself, Your Family, and Your Tribe

Make an Essential Documents Notebook